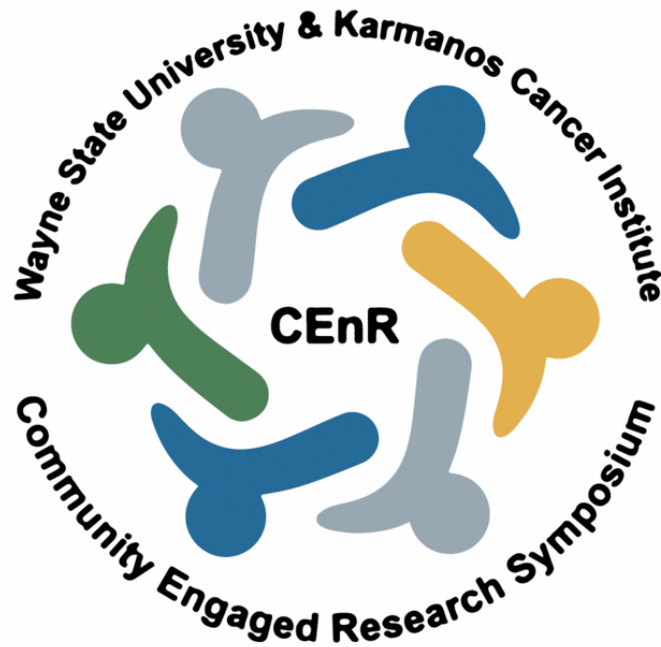


Program Two: Black Health & Equity Report



2022 Community-Engaged Research Symposium Series

October 25, 26, & 27 2022
6:00pm - 7:30pm

Executive Summary

The Black Health & Racial Equity Symposium was held on October 25, 26, & 27, 2022. Over the three nights, 169 university/academic faculty & staff, community organization leaders & representatives, community members, healthcare providers, and students attended. Presentations were given on implicit bias and structural racism on health outcomes, food access, & the digital divide. Attendees of the symposium engaged heavily in dialogue with a goal of collaboratively producing action items to address health equity needs in this population.

The following themes evolved from the action items produced at the symposium:

- **Discussion & Storytelling**
 - Ongoing discussion with community members
 - Utilize storytelling to educate
- **Education**
 - Cultural competency and inclusiveness
 - Educate students on social determinants of health
- **Healthcare Training**
 - Culturally relevant care
 - Anti-racist care
- **Policy**
 - Disseminate research & data to state level
 - Create space for conversation between community and community leaders & politicians
 - Build political allies
- **Participation**
 - Work to increase research participation of Black males
- **Resource Sharing**
 - How can Wayne State University effectively share resources?
- **Terminology**
 - Mindful terminology; instead of traditionally marginalized, use traditionally excluded
- **Community Engagement**
 - Incentivize corporations to invest back into the city
 - Involve youth
- **Advocacy**
 - Advocate for more diversity & inclusion in local grocery stores
- **Transportation**
 - Can serve as barrier or facilitator to accessing healthy foods
- **Funding**
 - Needed to make change
 - Increase SNAP dollars; can be invested back into the local economy
- **Employment & Education**
 - Provide youth with experience in food system
- **Build Networks & Collaboration**
 - Collaborate with organizations doing the work & communities
 - Partner with corporations
- **Assess Digital Access**
 - Include digital access in social determinants of health questionnaires
- **Increase Access to Hardware**
 - Encourage donation of old devices to community programs
 - Partner with corporations
- **Educate Older Adults**
 - Provide seniors with technology education
 - Create intergenerational learning opportunities

Members of the Black Health & Racial Equity Symposium planning committee and attendees who expressed interest in working towards solving some of these action items will meet regularly as a Research Network. CHECK-UP will provide pilot funding and support needed for research projects addressing some of these action items.

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Registration & Attendees

Total Registered: 385
Total Attendees: 169
Planning Committee & Staff Attendees: 39
Participation rate: 43.9%
Registration was open for a total of 66 days.

Attendee Background

Demographic information was only available for 86 of the 169 attendees. A majority of attendees resided in Michigan but some attendees were from out of state, including Arkansas, California, Ohio, Tennessee, Illinois, Washington, New Jersey, and Maryland. Here are some of the Michigan cities that were represented by attendees:

- Detroit
- Warren
- Southfield
- Lathrup Village
- Grand Rapids
- Westland
- Canton
- Dearborn
- Melvindale
- Howell
- Berkley
- Royal Oak
- Lansing
- Flint
- Taylor
- West Bloomfield
- Inkster
- Woodhaven
- Hazel Park
- Ada
- Clinton Township
- Sterling Heights
- Southgate

Attendees came from both academic and community backgrounds:

Job/Work Role	Total Attendees
University/academic faculty	13
University/academic staff	12
Community member/resident	5
Health care provider	3
Student	13
Community organization leader or representative	17
Other	14

Registration & Attendees

Attendees were affiliated with a variety of organizations:

Affiliation	Total Attendees
Wayne State University	41
Karmanos Cancer Institute	11
Faith Community Research Network	2
Community organization	8
Other	24

Those affiliated with WSU/KCI came from these departments:

- Oncology
- Epidemiology
- College of Nursing
- Institute of Gerontology
- Office of Faculty Affairs and Professional Development
- School of Social Work
- College of Liberal Arts & Sciences- Public Health
- College of Liberal Arts & Sciences- Psychology
- College of Liberal Arts & Sciences- Nutrition & Food Science

Those affiliated with community organizations or "other" represented some of these organizations:

- Michigan Department of Health and Human Services
- St. Patrick's Senior Center
- Detroit Wayne Integrated Health Network
- GenesisHOPE
- Grand Valley State University Family Health Center
- Eastern Market
- Detroit Health Department
- Henry Ford Hospital
- Johns Hopkins Center for Health Equity
- Loyola University Chicago
- Meharry Medical College
- Ohio State University
- University of California San Francisco Cancer Center
- Geisinger Commonwealth School Of Medicine

Registration & Attendees

Attendees research interests:

Research Interests	Total Attendees
Social Determinants of Health	60
Health Disparities	59
Black Health	56
Community Engagement	54
Public Health	48
Women's Health	48
Basic Social Needs	34
Behavioral Health	33
Cancer	30
Chronic Disease	28
Environmental Health	28
LGBTQ Health	27
Children's Health	23
Physical Activity & Nutrition	23
Middle Eastern, Refugee, & Immigrant Health	18
Refugee Health	18
HIV and AIDS	16
Immigrant Health	16
Rural Health	14
Basic Science	12
Other	3

Other research interests include:

- Biomedicine
- Quality Improvement & Care Coordination
- Health Services Research

Symposium Overview

Over the past few years, WSU has held a Community-Engaged Research (CEnR) Symposium and moving forward, the symposium will be planned and organized by the Center for Health Equity and Community Knowledge in Urban Populations (CHECK-UP). In 2018, 2019, and 2020, the CEnR Symposium convened hundreds of community members, community-based organizations, as well as WSU faculty, staff, and students to highlight existing community-academic research partnerships, develop new partnerships, and provide opportunities to discuss the benefits and challenges of CEnR and strategies for conducting this work.

For 2022, the CEnR Symposium was conceptualized as a series of three separate programs with the overarching goal of network building. The programs are formatted to achieve this by bringing together academic and community experts to share space, engage in dialogue, and set an agenda and next steps that will ultimately drive efforts toward LGBTQ health equity, Black health and racial equity, and MENA, Refugee, and Immigrant health equity.

The CHECK-UP Steering Committee convened for their monthly meeting in May 2022. At this meeting, Steering Committee members and contacts from Hayley Thompson's (CHECK-UP Director) network who are interested in health equity work in these three populations, were introduced and began initial planning. Planning committees were formed through personal networks and ensuring population representation with academic researchers and community leaders.

The Black Health & Racial Equity Planning Committee was chaired by Rhonda Dailey (WSU School of Medicine) and Winona Bynum (Detroit Food Policy Council). Planning committee members included Donna Coulter (Detroit Wayne Integrated Health Network), Lisa Rutledge (Western Wayne Family Health Centers), Cheryl Thompson Marsh (Faith Based Genetic Research Institute), Lisa Saigh (St. Patrick's Senior Center), Jason Carbone (WSU School of Social Work), Angulique Outlaw (WSU Graduate School), Wael Sakr (Dean of WSU Medical School), and Lauren Hamel (KCI & WSU School of Medicine)

The Black Health & Racial Equity Planning Committee began meeting in early June and continued to meet bi-weekly up to the date of the symposium. The planning committee decided to address three overarching topics at the symposium: implicit bias, structural racism, & health outcomes, food access, and the digital divide. In order to educate attendees on these overarching topics, the planning committee decided to invite academic speakers and community representatives to educate attendees on each of these topics from multiple perspectives.

It was important to the planning committee to include engaging conversations with symposium attendees. The committee decided that breakout rooms would allow the space for this conversation. In order to effectively use the breakout room space, it was decided to staff each room with a paid

Symposium Overview

facilitator and volunteer notetaker. The facilitators guided conversations with a focus of setting action items that a workgroup could work towards after the symposium. Notetakers were vital in capturing the main themes of breakout room discussion and any action items that arose.

The planning committee decided that these breakout room discussions would be best shared out with the larger group. An agenda setting time was set to end the symposium each night. During this time, breakout room facilitators and notetakers shared what their breakout rooms had discussed and decided were the top one to two action items from all of their discussions throughout the day. After the agenda setting portion, the symposium concluded.

The symposium attendees were invited to share their contact information with CHECK-UP to continue receiving communications about next steps with the Black Health & Racial Equity Research Network.

The symposium was marketed using a "Save the Date" flier with all three symposia information included and a Black Health & Racial Equity Symposium specific flier. These fliers were marketed via Academica, the Office of the Vice President for Research, and through professional networks of the planning committee, CHECK-UP team and Steering Committee, and all Karmanos Office of Cancer Health Equity and Community Engagement channels.

Wayne State University & Karmanos Cancer Institute
Fourth Annual Community-Engaged Research (CEnR) Symposium:
"Strengthening Community-Academic Research Relationships"
Program 2: Black Health & Racial Equity

TUESDAY, OCTOBER 25

"STRUCTURAL RACISM & IMPLICIT BIAS & HEALTH OUTCOMES"
*underlined sections are linked to YouTube recordings

- 6:00 PM** **Radical Welcome**
Hayley S. Thompson, PhD
- Showing Up**
Carrie Leach, PhD
- Symposium Overview**
Black Health & Racial Equity Symposium Planning Committee Chairs: Winona Bynum, MPH, Rhonda Dailey, MD & Lisa Braddix, MPH
- 6:10 PM** **Ijeoma Opara**, MD, WSU School of Medicine
- 6:25 PM** **Rhonda Dailey**, MD, WSU School of Medicine
Vicki T Sapp, PhD, State University of New York at Fredonia
- 6:35 PM** **Toria Turner**, Detroit Health Department & Cardiovascular Health Action Council member
Henry Cade, MA, EdD, Cardiovascular Health Action Council member
- 6:45 PM** **Question & Answer**
- 6:55 PM** **Action-focused Breakout Rooms**
- 7:25 PM** **Call to Action & Agenda Setting**
- 7:35 PM** **Wrap-up**

**Wayne State University & Karmanos Cancer Institute
Fourth Annual Community-Engaged Research (CEnR) Symposium:
"Strengthening Community-Academic Research Relationships"
Program 2: Black Health & Racial Equity**

WEDNESDAY, OCTOBER 26

"FOOD ACCESS"

***underlined sections are linked to YouTube recordings**

- 6:00 PM** **Welcome**
Hayley S. Thompson, PhD
- Symposium Overview**
Black Health & Racial Equity Symposium Planning Committee Chairs: Winona Bynum, RDN, Rhonda Dailey, MD & Lisa Braddix, MPH
- 6:05 PM** **Winona Bynum**, RDN, Detroit Food Policy Council
Alex Hill, MA, WSU Department of Urban Studies & Planning
- 6:25 PM** **Randall Mosley**, MA, Director, Perry Outreach Center
- 6:35 PM** **Question & Answer**
- 6:45 PM** **Action-focused Breakout Rooms**
- 7:15 PM** **Call to Action & Agenda Setting**
- 7:25 PM** **Wrap-up**

Wayne State University & Karmanos Cancer Institute
Fourth Annual Community-Engaged Research (CEnR) Symposium:
"Strengthening Community-Academic Research Relationships"
Program 2: Black Health & Racial Equity

THURSDAY, OCTOBER 27

"THE DIGITAL DIVIDE"

*underlined sections are linked to YouTube recordings

- 6:00 PM** Welcome
Hayley S. Thompson, PhD
- Symposium Overview
Black Health & Racial Equity Symposium Planning Committee Chairs: Winona Bynum, RDN, Rhonda Dailey, MD & Lisa Braddix, MPH
- 6:05 PM** Carrie Leach, PhD, WSU Institute of Gerontology
- 6:15 PM** Naimah Wade, PhD, Digital Inclusion Program Manager, WSU Office for Teaching and Learning, Connect 313 Director of Research and Learning
- 6:25 PM** Uri "Heru" House, CEO, Motown Wireless
- 6:35 PM** Question & Answer
- 6:45 PM** Action-focused Breakout Rooms
- 7:15 PM** Call to Action & Agenda Setting
- 7:25 PM** Evaluation & Wrap-up

Breakout Session Notes: Main Themes

Night 1: Implicit Bias & Structural Racism & Health Outcomes

Improving Care & Helping Care Providers

"Trauma informed care needed: shift from wellness and prevention to SDOH & racism as a "side piece" to problems we are dealing with when it's really at the core"

"Rest is resistance; relaxation/physical activity; holding in the tension causes problems. Important for those that are new to the field as well as those who have been in the field for a while (don't want to retraumatize them)"

"Encouraging to hear work being done with health care students; encouraged that the students are wanting."

Weathering

"Weathering was a new term."

"Concept of weathering – makes a ton of sense and was really eye-opening."

Internalized Oppression

"Internalized oppression – even if you are part of a group you can internalize it and believe things are supposed to happen to the group you belong"

Resource Availability

"All the resources provided in the presentations are very useful."

"Since pandemic, education has improved; Brookings Institute; Detroit Food Policy Council; Embrace Race—great resources"

"Surprised by black owned bookstores and resources that were available to the community – this needs more awareness"

Black Maternal Health

"Hearing about the health care outcomes for black women having birth. Experience as a mother."

"Maternal mortality rates for black women – currently a mother struggling to get pregnant. If it doesn't affect you then you don't often think about it"

"Mortality statistics – how stark the differences were. To see the stark contrast was eye-opening"

Moving Towards Action

"A lot of dialogue but if there is going to be a significant impact on the mindset of non-minority individuals -- they need to see it in action -- they need to see those scenarios where people demonstrate"

"Action step is the hard but necessary"

"Working with WSU/Karmanos–Faith Community Research Network; providing training for champions on research. Innovative—working with black churches."

"Boy Scout troops may be interested in working - community service, Eagle scout projects."

Corporate DEI

"DEI issues are at the forefront of people's/company's minds. Some people express that this focus is not enough to create change."

Action Items: Structural Racism & Implicit Bias & Health Outcomes

Discussion & Storytelling

"We acknowledged the importance of having these conversations and events. We really focused on how to further educate the larger community about these issues and suggested holding structured focus groups with community members on an ongoing basis to keep them engaged and meet their needs. We also talked about utilizing other non-traditional mechanisms to get the word out such as radio, podcasts, and news channels."

"How can storytelling be used to move us forward to dismantle structural racism?"

"Stories help us to see from the patient's perspective – to understand their lived experiences.

- Gives a voice to the patient, how the structures impact people on a day-to-day basis.
- How can I structure this differently in the future when I'm working with patients?"

Policy

"Policy level- disseminate research and data to state level and uplift community needs."

"Importance of conversations with regard to editing public policy and also creating spaces for genuine conversation that involves community leaders and members."

"Every policy is in service to support structural racism or to promote racial equity."

Terminology

"Reassign terminology. Eg. traditionally marginalized > traditionally excluded"

Education

"Increase resources, knowledge at variety of reading levels, etc."

"Sensitize ourselves to different culture, and educate ourselves about other cultures, run ads on TV(ways to become familiar with other peoples backgrounds)"

"Expand education and add another component-visualizations"

"More education for students on social determinants of health and opening the discussion of implicit bias in the healthcare field (faculty in nursing program). Integrating this into the teaching – to bring more culturally inclusive care to our communities."

Healthcare Training

"Anti-racist care"

"Culturally relevant care in the healthcare system – i.e. Patti Labelle creating a culturally sensitive cookbook after being diagnosed with diabetes. Food doesn't have to be stripped of the culture"

Participation

"Increase participation of Black males"

Resource Sharing

"WSU share resources"

"Examples of organizations that are working in this sphere – work that can be replicated"

Breakout Session Notes: Main Themes

Night 2: Food Access

Promoting Businesses to Address Food Accessibility

"Lack of Black owned grocery stores in the Metro Detroit area."

"Gas stations are where people connect; not mentioned in the presentation."

"How can the Dollar store chain connect with the food council. (Preservation of food.)"

"Black Farmers experience farming where their farms are restricted as it relates to growing their food, keeping animals."

"Getting Community members onboard to start community gardens."

"Does food policy council partner with restaurants to distribute surplus food?
What grocery stores are promoting equity and helping to develop their neighborhoods?"

"What policy/zoning changes are needed to promote urban farming? Land bank land – if owners are sitting on it, what can be done to use as urban farms?"

"Surprised that there are very few stores run by African Americans. Need to get more African Americans to run their own businesses."

"Potential business owners need to have a passion for healthy food - people in general need to be educated around healthy food. Can be a real problem in African American and LatinX communities."

"More government resources are needed ."

"Assimilation to western diet, what options are available for immigrant and refugees?"

Leadership

"Leaders bring communities together to join in the conversation to educate and connect community members with their local grocers."

"Find constructive ways and tools to impact change as it relates to behavior and lifestyle > How?"

"Concentrate not just on individual action but also on systems."

"What can the Mayor do? How can they help to bring food stores to Detroit."

"Local politicians need more pressure to do more. "

Breakout Session Notes: Main Themes

Barriers

"Barriers: Race, lack of education, systemic racism, lifestyle/behavior."

"Covid has made us mindful and responsive of grocery in our areas, we are disconnected from the small things we can do in our community to help. This is a fundamental, human issue. "

"Fresh produce is \$\$\$, hard to prioritize cost of eating well with burden of how expensive it is."

"3 Marijuana stores but no grocery store."

"There are some bad grocers that treat their customers badly."

"Black farmer have hard time making a living."

"Eligibility criteria leaves people out of wellness programs and support."

"The numbers (liquor stores vs. grocery stores) - reminds you of how dire the situation is."

"Smaller, independent grocery stores don't have the same resources (e.g. Whole Foods/Amazon) - they have the financial means to do a lot more."

Applicability

"Topic is frustrating and what was discussed in this symposium is relevant in other areas of Michigan as well, including Flint. "

"People need water and food."

Intervention

"How can we start to intervene before impact of forced poor decisions ."

""People need water and food."

"Reaction to grocery store:dispensary: Response: if we don't have support of community to speak out and continue (it's hard work to get people to demand change) they are not going to give you anything unless you demand it."

"What are the structural components that have made it easier for dispensaries to be a viable business in comparison to grocery stores? Money, Government: Subsidies can enable business that are not meeting basic needs but meeting desires or wants (ie. liquor stores)"

Importance of Nutrition

"Nutrition is extremely important for many people suffering from illness and disease. We need to feed ourselves in the correct way in order to be healthy. "

"Dietary choices - too consumption of meat and sugar rather than fruits and veggies."

"Change (dietary) is instrumental - we can't change structural things that happened in the past but how do we educate on alternative choices."

Breakout Session Notes: Main Themes

Current Resources

"Resources available in the city, dollar store for food is a resource. The cheap, packaged food is what's available. How do we tackle this?"

"Are the grocers in the area serving the neighborhood and true residents?"

"Utilizing Meals on Wheels, Shipt, utilizing the existing resources."

"Snap: taxes on food products, choice and decision making is driven by costs, not health that anyone would want to choose."

"Downtown Detroit Whole Foods is profitable but why is that? Gentrified area; possibly employees from surrounding hospitals e.g. DMC."

"Lack of resources to help people connect to resources like land banks for food sovereignty in Detroit."

Education

"informal education on nutrition, how to grow gardens, food resources. MSU Extension, Edible Flint."

"Grants to put toward funding that would help with education or other resources."

"Education can't solve the problem necessarily."

"History of food system can improve foundational understanding."

"Direct education, but awareness is low."

"Knowledge has to go out there about healthy foods."

"When we are trying to do anything in a community - community engagement is key - when community members are not aware of any kinds of movement going on it takes constant outreach to get them to buy in to the changes. It is key to all we do for equity. The speaker talked extensively about education. There are so many variables involved. a lot of times when people act out it is because of other variables (i.e. mental illness, substance use) What is the whole to connect the dots? What are the structural barriers that can lead to change for health equity?"

"Community health focus to teach university level students."

Community Engagement

"Incentivize large grocery chains to invest back in city, promote fresh food options, prioritize high nutrition, mentorship programs for high school students."

"Patronize, promote and uplift the independent grocers that are in the city doing the work."

"Need to get youth involved—next generation."

"Community engagement takes dollars and constant effort . Local municipalities and the state. How can the cultural changes be financially supported? Priorities?"

Advocacy

"Advocate for more diversity and inclusion around grocery stores and more broadly in the food system."

Transportation

"Make sure that people have adequate transportation that people need to get to places to access healthy food, or get to healthcare."

Research and Policy

"Behavior change is slow, researchers need to learn more about diet and behavior."

"POLICY! Eligibility criteria leaves people out of wellness programs and support."

Funding

"Funding is always important, be creative with grant funding."

"Increase in SNAP dollars (based on current evidence) - dollars can be invested into the local economy with money saved by families participating in the program."

Employment and Education

"Ensure that more young people have experience in the food system - expose them to careers in food."

"There is a need for informal and formal education to help connect resources, ideas."

"Tools to prepare "Good" foods, seasonal produce that is lower cost, if I knew what to do w/ it I might purchase it; Managing costs including preparing and freezing."

"History of food system insights needed; help to overcome negative stereotypes."

"Focus on education - educate younger generation on what's important about the foods their eating (culturally relevant pedagogy). Introduce youth to food service jobs. Target DPSCD and talk to students. Reach people in the ways that impact them."

"Discuss entrepreneurship in the food industry. Helps to build up a stronger foundation . Educate about starter fund opportunities ."

Build Network

"Find individuals with fundraising skills."

"Network with more organizations that may be doing the work."

"find out about nutrition program to see how to connect w Detroit Food Policy Council and others to collaborate, combined resources and collective horsepower is better than single efforts."

"Same on the west side of the state. Go to a grassroots meeting and advocate - what are the barriers to participating? For some Maslows Hierarchy of needs determines their ability to participate and become part of the community engagement so it makes it hard. "

"Support programs that offer support for people to learn how to grow produce and enter into entrepreneurship programs to sell their produce."

Breakout Session Notes: Main Themes

Night 3: The Digital Divide

Current Resources and Efforts

"General exclusion of the Eastside; first time hearing of different resources offered in the area .
Connect 313 - Has Eastside locations with hubs for internet access / programming for digital literacy
."

"We do direct education (health system) and have youth that go hybrid. We make sure students have better access. We ask what they have access to; English is second language."

"Working with pregnant persons – a lot of information, a lot of misinformation on the internet. Along with the access, we need to teach skills in evaluating the information. High pressure – breastfeeding, vaccines – on social-media driven sites."

"DetroitMarkets.org - partners might have free wifi in their market – card swipers and cash registers need wifi to work. All paying for hotspot use or additional charges on cellular accounts to operate registers (merger of food access & digital connectivity - addressing SDOH). How can we connect partners with what they don't have? Farmers need wifi on their farms – don't necessarily live near where they farm. May need cameras on their farms. Money spent on internet access is not available to spend on food access."

"Karmanos–getting info for disease websites and clinical trials/treatment to patients; a lot of misinformation."

"Acclinate company–creates disease websites for more rare diseases; establish personal relationships with physicians/co-Is of trials. How to manage the barrier of accessibility?"

"Healthier Black Elders–lunch and learns focused on health literacy and improving communication with provider; computer education workshops."

"City of Detroit connecting Seniors with home repairs providing tablets for those who had a need (tablets included in budget); need was great and frequent."

"Rhonda Daily > Behavioral Health Research; ensure participants are enrolled appropriately and that the budget can shoulder the needs of the study."

Breakout Session Notes: Main Themes

State of the Digital Divide

"Surprised it was 40% of those without internet; Not sure how teachers are handling it with students. We all need digital literacy and learning how to use it."

"Employee from Detroit Health Department—great resources in presentation; thought the numbers of internet access would have been lower."

"Pandemic highlighted fractures in the system."

"Detroit is not as developed as we may have perceived prior to this presentation to those who are not from the area. For those who are from the area, it was not a surprise by the circumstances."

"Detroit has the lowest internet connectivity rate in the U.S (40% accessibility)."

"Great to see people making the change and impact at the grassroots level."

"Surprised that Detroit was the most disconnected city in the nation."

Community Strengths

"The creativity of the various operation of the community advocates: The young people involved to make this activity happen."

"This is in the hands of the people who live in the neighborhood. With power you have to have ownership through scholarship."

"Loved seeing the pipeline of experts being built from within community."

Digital Divide as SDOH

"Learning that if Digital Divide is not addressed; classism will set in. Surprise that it was such a big issue."

"Lack of information is deemed a social determinant of health."

"Striking the amount of people who have been left behind regarding access to essential services due to the digital divide."

"If digital issue continues > digital class system will ensue."

"Digital equity has become more of a basic need than ever before; is like a road to information."

"Access to internet is access to information and in some cases access to care."

Barriers

"We may think we are digitally disconnected but if you don't meet the fully digitally connected household, then it's an OUR problem."

"We work with seniors in an urban setting...of course this affects us every day."

"Internet plans commercially have limited data access."

Education

"Find orgs with capacity to run educational events"

"Increase promotion of Health Literacy Education."

Breakout Session Notes: Main Themes

Accessibility

"Website creators—accessibility is not just font size; create info landing spots that are not as graphically rich."

"Virtual walking tours. Being able to connect and travel the world from your own home through the internet."

"Ensuring students have access."

"Add internet access questions to SDOH intake forms for organizations providing human services or healthcare services."

"Encourage donation of old devices to community programs. Potential for shared value partnership development between corporations who get rid of tech devices regularly and providing them to community organizations."

"How can we help to expand low-cost high-speed internet access to nonprofit organizations, urban farmers, local markets, to help them concentrate their resources on providing food access?"

Policy

"Getting doctors involved is also important. Involving them on the education piece and. Getting devices to those that need them."

"Political allies and partnerships. Need a level of governance, need to be involved."

"Leadership needs to help collaborate with community to help get the city of Detroit connected. Academic research needs to make it to policy makers."

"Need money; provided by the Government"

Supporting Older Adults

"Help people understand how the internet works. What is a cookie? The internet is overwhelming we need tools to understand more and increase knowledge."

"Elder sensitized training!"

"I am a nursing student in my senior year and I just had my community clinical recently at Southwest Detroit...It makes me sad that a lot of people (esp. the elder generation) have little knowledge and poor access to the Internet. Digital divide is indeed a problem."

Need for Infrastructure

"Money and infrastructure. Silicon Valley people should make some investments since some are making money off of information. People are at risk for being left behind, or not up-to-date or something harmful is happening without being connected. This is a need not a want. Social Determinants of health take a part. Feel nervous with the government being involved."

"Pandemic=offices closing=forcing people online to get information or schedule services."

"Not just relying on Smart Devices, however households need a laptop or computer that has the capacity to manage every day needs."

"Infrastructure"

"Detroit is growing but internet access needs to be available across the city. Especially due to gentrification."

Breakout Session Notes: Main Themes

Collaboration

"Bring interested groups into our spaces for presentations: Detroit Community Market - monthly & bimonthly meetings, welcome to come in and share information/programs."

"Contact connects to make mutual agreements with oneself and alert one's own network about initiatives. Detroit can collaborate with other cities and organizations to come together to gain more knowledge and resources. This will allow us to see what is working and what is not working."

"Issue of delay of communications/advertising of events - many times advertisements or notices of events come too late or after the event has occurred."

"We need fundraising, education, and grant writing support to help other organizations set up programs such as broadband access."

"Increased awareness of programs like Mr. House's and Connect313; What can be done to connect more entities that have similar missions but may not be aware of each other? (note: Mr. House and Dr. Wade had not previously met)."

"Need more efforts to share about the opportunities/resources/programs shared in tonight's presentations. Strategies to share information: community groups, leaders, city leaders, city hall concept (townhalls). Need to have greater community dialogue."

"Cancer racial health disparities conference. Meeting people where they are at. Older adults are interested in learning information in spaces they already get information. How do we get them to seek this information online?"

Safe & Healthy Internet Use

"To me, privacy is essential. I agree with Mr. Uri. You will never know whether your data is safe or not. I watched a lot of content creators in YouTube and most of their ads recommend downloading "VPNs" which hide a user's actual IP address and "tunnels" traffic between the user's device and the remote server. However, this isn't free and most people have to pay at least 50\$ a year (or even more) just for privacy"

"How do you promote safety with vulnerable populations? (older adults)"

"How do we engage with internet in a way that is healthy, not just create more of a burden?"

"How do we teach safe, healthy internet use – skills in evaluating information; privacy/security (esp. w/ vulnerable populations); how to engage with the internet in a healthy way, without increasing the burden on already stressed populations?"

Action Items: The Digital Divide

Collaboration

"More collaboration with the surrounding communities."

"How can the work be expanded? How can people assist Mr. House's work? How can resources be pooled to support efforts like this?"

"Can the universities be helpful in providing students with the opportunities to teach the community about accessing digital resources?"

"Corporate partnerships"

"Continuation of the constructive work, how can we deconstruct the power dynamic of all the wires that bring internet to people."

"More real conversations with the community (listening sessions). Most of attendees tonight were not aware of these listening session by 313. Would like to see more awareness - where can the community learn about these opportunities to share their concerns, offer suggestions. Need to figure out how to saturate the community."

Educate Older Adults

"Go into neighborhoods and teach seniors, go to churches and teach."

"Education of Seniors in the city through the churches and other organizations."

"Intergenerational learning opportunities, need more funding for these programs."

"Teaching the elderly around you technology (parents/grandparents) so they are able to teach their generation ."

Policy

"Political allies"

"City of Detroit needs to take more leadership and action - majority of responsibility falls on the City."

"How do we get other people/organizations set up to start programs like this- raise funds, education, grant writing support."

"Policy that provides subsidization for laying fiber; lobbying!"

Assess Digital Access

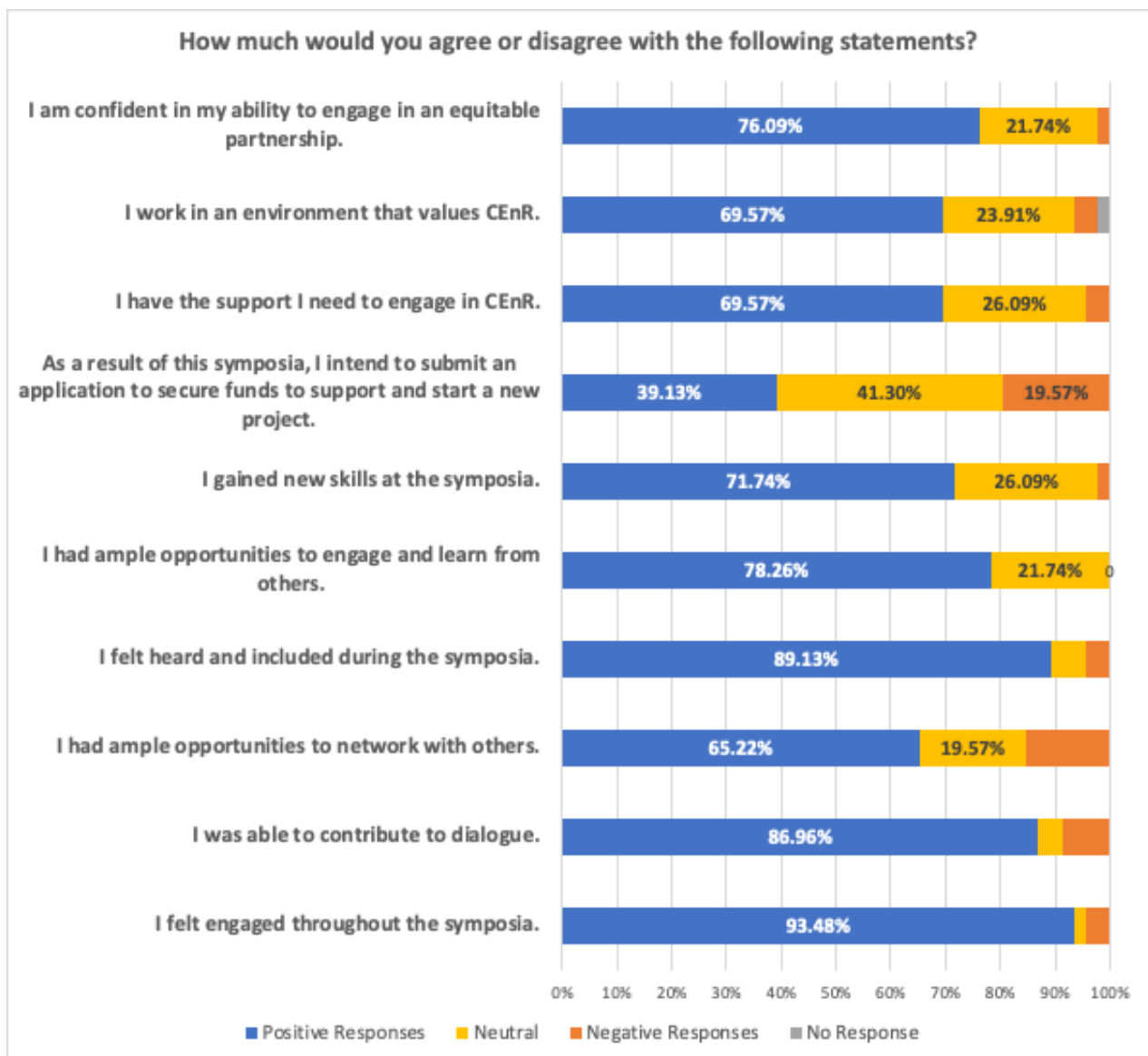
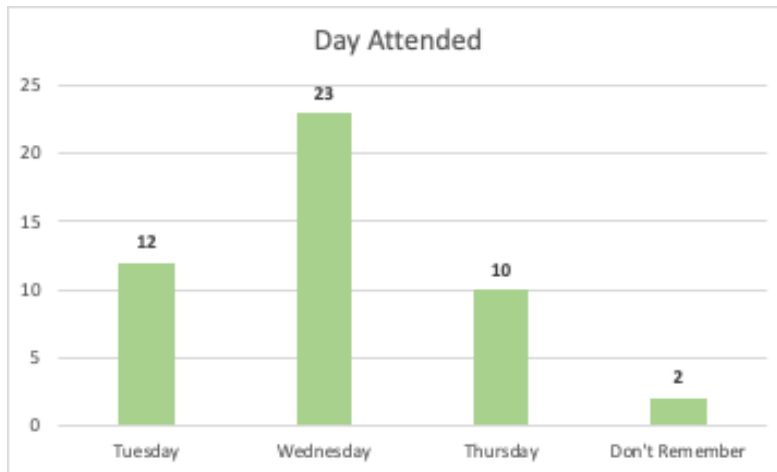
"Add internet access questions to SDOH intake forms for organizations providing human services or healthcare services."

Increase Access to Hardware

"Encourage donation of old devices to community programs. Potential for shared value partnership development between corporations who get rid of tech devices regularly and providing them to community organizations."

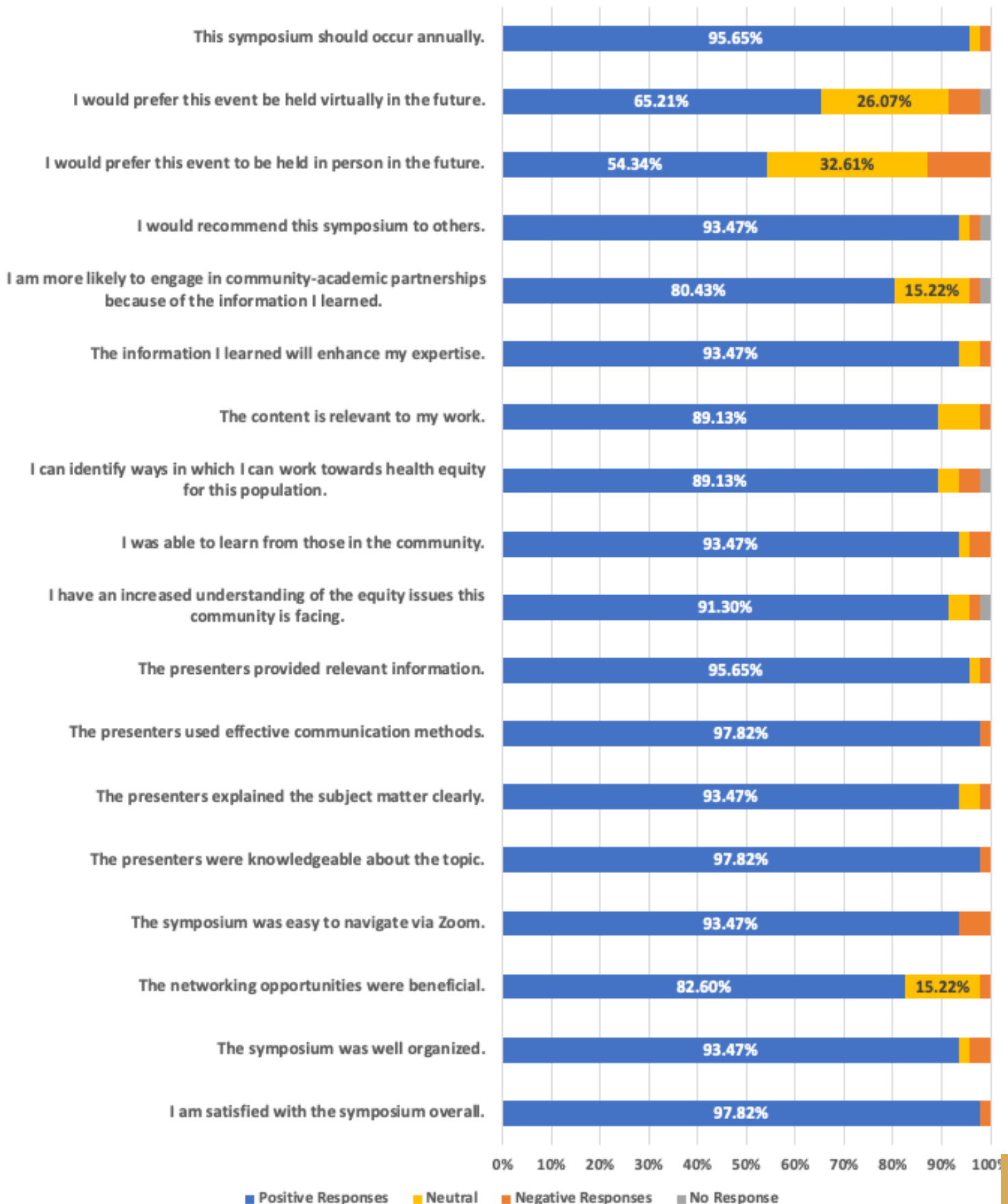
Evaluation

The evaluation link was given to attendees as the symposium was wrapping up each night and sent out multiple times prior. A total of 46 people completed the evaluation.



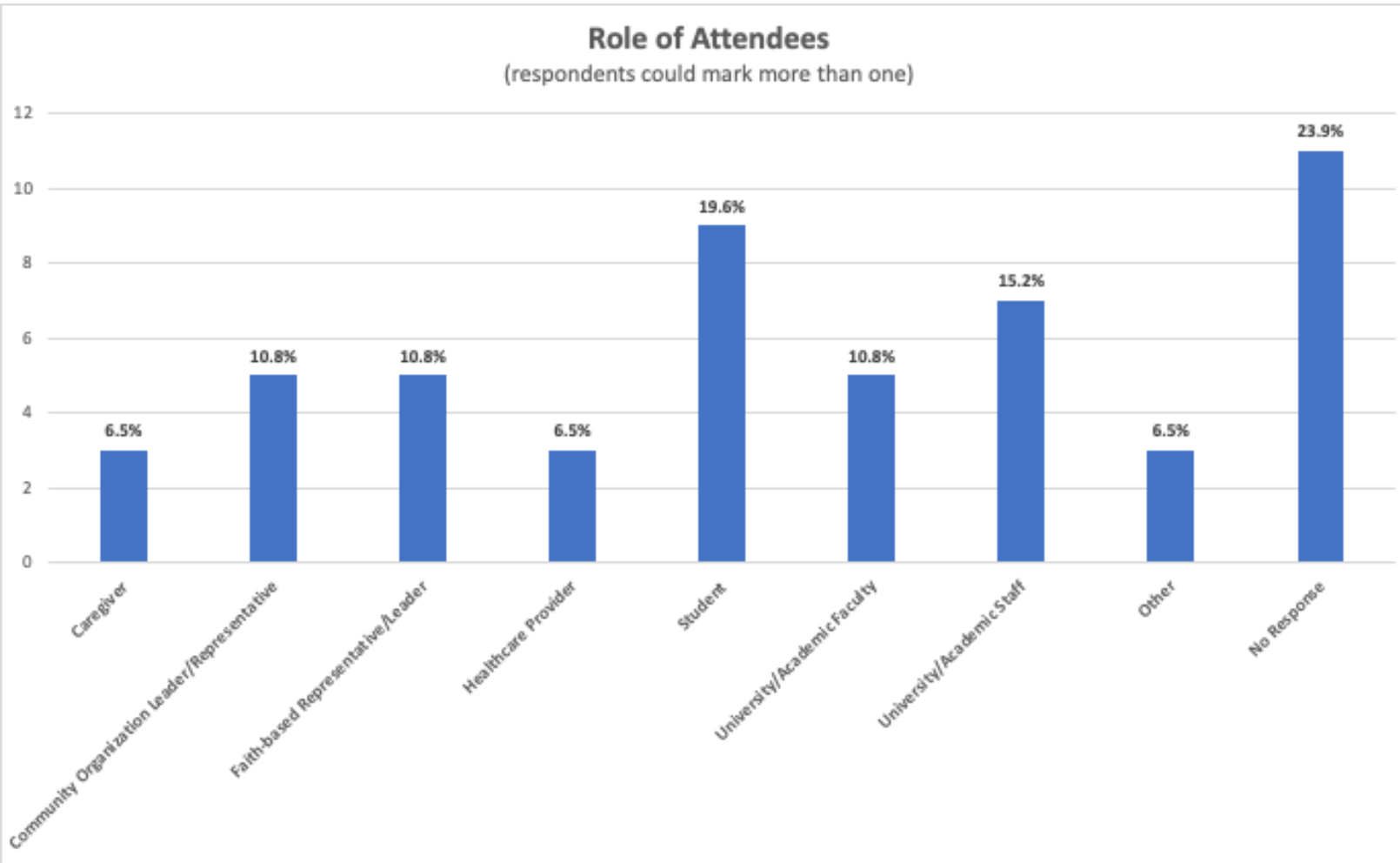
Evaluation

Based on my experience attending the CEnR symposia...



Evaluation

What best describes your role?



Community Organization Leader or Representative

- Detroit Wayne Integrated Health Network
- ECOSphere Technology Park
- Community Health Coordinator

Other

- Michigan Department of Health and Human Services
- Health/Wellness Educator
- Clinical Research Coordinator

Student

- Doctor of Nursing Practice
- Graduate student at Wayne State University
- Nursing Student

Evaluation

How will you use the information you used at the symposium?

"The most effective way for me to use it is to continue gaining knowledge, do the work and relay to the youth in which I work."

"Share in those spaces where I am involved in community advocacy including churches and other civic organizations."

"I will bring this new information to our team at KCI and work with our community leaders to improve our community engagement and reach those in the community who might not have ample access to internet and current information regarding cancer as a disease and clinical trial availability."

"I will continue to investigate the subjects shared. There was so much new information to take in that I have to decide which area interest me the most. I want to use this information to help build on this subject with my church congregation."

"Identify corporations and organizations that will partner to increase digital access in my community."

"I will use the information I learned at this symposium by educating my fellow co-workers and patients in the future about the importance of racial equity and digital divide. I will also use the knowledge I gained and apply that to my day-to-day interactions in the community. Furthermore, by demonstrating the concept of neutrality, it made me realize that one is subconsciously/implicitly in favor of one side than the other. This surprised me and I reflected on this since neutrality has played a huge role on my communication skills and interactions. "

"As a Retiree, primarily in my Volunteer Engagements with Civic & Faith Based Organizations"

"Seeking resources for my own community. There is a lack of food resources, but I need to take initiative for possible change. "

"I will share much of the information I learned with my neighbors and with the volunteer organizations I am a part of."

"To increase my knowledge base on the subject areas presented in the symposium"

"I will use the information to increase my knowledge base concerning the Black Equity Racial Disparities in the Metro Detroit Communities."

"Add to my knowledge base and move my program of research forward."

"Integrate into teaching practice."

"Future collaboration"

"Share within my networks and all collaborative partners."

"I will connect with a new partner"

"I will use what I learned to deepen my knowledge on the topic."

"Better understanding of the community needs"

"I will continue to share what I have learned with organizations that I am affiliated with."

"in research and teaching the next generation of nursing leaders in the community."

"Networking"

"Join action committees"

"Talking to others about this information "

Evaluation

How can we improve this symposium in the future?

Longer Symposium:

"Extend to provide more time for dynamic speakers."

"I believe it was slightly information overload. The people doing the this work need refilling. The "grind" pace with such important information impacts spirit, soul and body. Slowing the pace a bit would be extremely helpful. Also, maybe saving the "some of the resume credentials" for a booklet ONLY when there is a short time frame."

"Excellent 2 days, little more time for developing call to action."

"Longer symposium"

"An allotted time of 2-3 hours would be wonderful!"

Hold In-Person:

"I would like to see it funded by the university and presented on an annual basis as an in-person meeting format at the university."

More Time for Discussion:

"More time for moderated discussion maybe have less speakers but 1.5 hours event is nice."

"More time for breakout groups and discussions/networking"

Include More Community:

"Share with more grass root and grass top organizations."

"Invite more community members from different sections participate."

"Include more community spokespersons with relevant and accurate information."

Improve Tech Issues:

"Have presenters record their presentation, play the recording and then have them live for Q&A after. Will help avoid some tech issues and stay on time/schedule"

Evaluation

Based on your experience at the symposia, what actionable steps will you (and/or your organization) start working toward or contribute to?

"I will incorporate measures of structural racism in my research and enhanced discussion of it in my teaching"

"Bring more awareness to issues and join actionable organizations "

"Encouraging and developing effective public-private partnerships to engage local and national government."

"Educate about racial equity and digital divide. Have young adult volunteers help the low-income and elderly population about the safety and risk of technology use."

"Collect more information about the community and to understand the community needs and perform research to know how to meet these needs."

"I would like to work with departments, such as the Social Work or Public Health Dept. to bring the symposium to a meeting format at the university."

What specific challenges need to be addressed to foster and improve community involvement with research at Wayne State University?

"Increase dialogue and communication, the larger community is not aware of the good work that occurs."

"Awareness, making it known that support and assistance is available to the communities surround the university."

"Perhaps a dashboard of sorts, or publish an annual report to share the impact of research projects to cultivate motivation to be involved."

"A central database of community organizations and foci of those relationships would be fantastic. As a new member of the community and university, it has been difficult identifying where to start"

"More community involvement and decision making when it comes to implementation of services in a community"

"Survey community for their topics of interest "

Topics of Interest for Future Events

Topics of Interest for Future Events

