



## 2023 CHECK-UP Community-Engaged Research Workshop Series

### *Ethics & Challenges in Community-Academic Partnerships*

Hybrid Event:

Zoom

or

In-person at Detroit Premier Academy  
7781 Asbury Park, Detroit, MI 48228

November 2, 2023

6:00 - 8:00 PM

# Land Acknowledgment & The Legacy of Native Peoples

Wayne State University rests on Waawiyaataanong (Waa-we-yaa-tih-nong), also referred to as Detroit, the ancestral and contemporary homeland of the Three Fires Confederacy. These sovereign lands were granted by the Ojibwe (Oh-jib-way), Odawa (Oh-daa-waa), Potawatomi (Pow-tuh-waa-tuh-mee), and Wyandot nations, in 1807, through the Treaty of Detroit. Wayne State University affirms Indigenous sovereignty and honors all tribes with a connection to Detroit.

## Radical Welcome

### Welcoming Transgender/Non-binary/Gender Nonconforming folks

(Adapted from the 2019 Creating Change--National LGBT Task Force—conference program)

To create radical welcome for members of the Transgender, Non-binary, and Gender Nonconforming (Transgender, Transsexual, genderqueer and more) communities please remember that a person's purposeful gender expression or external appearance may not match their internal gender identity.

About pronouns:

- In this space, we are committed to not making assumptions about anyone's gender identity based on the way they look, sound, or behave.
- Ask "What pronouns do you use?"
- When in doubt use a person's name or gender neutral pronouns, for example, "they/them/theirs".
- Please call people what they ask you to call them and use the pronouns that people ask you to use.
- Remind yourself that some people may be expressing gender differently than the last time you encountered them.
- When you make a mistake about someone's pronoun, make the correction and move on.

Showing up:

Please listen to transgender people's needs and stories when they are volunteered. Respect people's privacy and boundaries and do not ask questions that would wouldn't ask of anyone else.

# Introduction

## 2023 CHECK-UP Community-Engaged Research Workshop Series

Meaningful engagement of diverse community stakeholders in research is increasingly prioritized by federal and philanthropic funding agencies. Although demand for engagement is increasing, support and training for skill building has not kept pace. To address this issue, we will facilitate a series of workshops to build the skills and capacity of academic and community experts.

The workshops we will provide are tailored to the interests and needs of attendees of the 2022 Community-Engaged Research (CEnR) Symposium held at Wayne State University. The symposium occurred over six days in September, October, and November, focused on three unique health equity populations, and had 381 individual attendees including community stakeholders, students, clinicians, and academic faculty and staff. Our workshops are developed in response to the evaluation responses we received, and provide critical insight into the landscape of CEnR, so that academic and community experts are better prepared to interact effectively and collaborate equitably, before, during, and after a project is funded.

## Workshop 5: Ethics & Challenges in Community-Academic Partnerships

Science funding agencies increasingly call for applications that demonstrate participatory, action, and community-engaged research approaches, though the issues and challenges of doing the work are underreported. Insight is needed to understand the unique challenges scholars, practitioners, and community stakeholders experience when engaging in research and strategies that may be employed to overcome the issues. The purpose of this workshop is to bring together and amplify the voices of experienced academic and community experts who will discuss the needs and challenges of collaborating in research and strategies and support they rely on to be able to foster meaningful and authentic partnerships that lead to actionable outcomes.

### Objectives:

- Identify barriers, challenges, and needs of academic and community experts who engage in collaborative research
- Discuss strategies for improving communication and collaboration
- Discuss key elements of trust building and actions to avoid eroding it
- Discuss strategies for overcoming institutional obstacles to engagement

# Introduction

## **The Wayne State University (WSU) School of Medicine Center for Health Equity and Community Knowledge in Urban Populations (CHECK-UP)**

CHECK-UP was established in 2021 with the support of the WSU Office of the Vice President of Research (OVPR) to provide an infrastructure to accelerate partnerships between metropolitan Detroit communities and WSU's schools, colleges, centers, and departments to identify, investigate, and act upon the barriers and bridges to health equity in the region. CHECK-UP is driven by the imperative that WSU prioritize and promote shared leadership with community stakeholders in medical and behavioral research. Methodologies that build engagement and participation are central to CHECK-UP because of their promise in reducing health disparities, increasing the public relevance of WSU's research, and expanding the reach of scientific discoveries throughout community at large. CHECK-UP leadership includes Hayley Thompson, PhD, Director, Carrie Leach, PhD, Associate Director of Community Inclusion, and Lisa Braddix, MPH, Steering Committee Chair.

## **Community Engaged Research (CEnR)**

Community-engaged research (CEnR) is a process in which academic researchers work collaboratively with and through community members to identify and address issues affecting the well-being of communities. CEnR has been endorsed and recommended by many but applied by relatively few. This one-day symposium will provide opportunities to learn about and discuss the benefits gained from CEnR, as well as its challenges and strategies for conducting this CEnR successfully. This meeting will also be an opportunity to learn from and network with community members who have identified research priorities for their communities. Topics that will be addressed will include the following:

- How does community engagement contribute to stronger science?
- What are successful models of community-engaged scholarship that academic researchers can follow?
- How can academic institutions support community-engaged scholarship among faculty?
- What are the health research priorities within local Detroit communities?
- What kinds of local opportunities are there for community-engaged research?

# Agenda

## 2023 CHECK-UP Community-Engaged Research Workshop Series: "Ethics & Challenges in Community-Academic Partnerships"

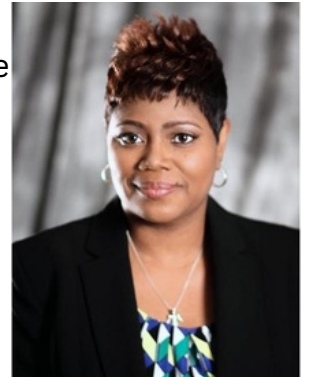
November 2, 2023

- |         |  |                                 |
|---------|--|---------------------------------|
| 6:00 PM | <b>IN-PERSON</b><br>Dinner & Networking  | <b>ZOOM</b><br>Speed Networking |
| 6:30 PM | <b>Welcome</b><br>Hayley S. Thompson, PhD  |                                 |
| 6:35 PM | <b>Panelist Introductions</b><br>Carrie Leach, PhD, MPA  |                                 |
| 6:40 PM | <b>Panel Discussion</b><br><br>Kenyetta A. Cole, MHI<br>Jamie Mitchell, PhD, MSW<br>Maha Albdour, PhD, RN, APHN-BC |                                 |
| 7:40 PM | <b>Question &amp; Answer</b>   |                                 |
| 7:55 PM | <b>Wrap-up &amp; Evaluation</b><br>Alex Sass, MSW  |                                 |
| 8:00 PM | <b>End</b>   |                                 |

## Speakers & Panelists

### Kenyetta A. Cole, MHI, National Council of Negro Women, Inc.- Detroit Section

Kenyetta A. Cole is president of I-Cole Solutions, a provider of specialized technology solutions, particularly for the healthcare and non-profit sectors. She is a technically minded, data-driven, and innovative professional with over 15 years of experience in technical systems, operations management, and project implementation as well as change management within the healthcare industry. Ms. Cole holds expertise in implementing electronic health records, managing data security, systems integration, leading teams to achieve organizational goals, and maintaining compliance with regulatory standards. She is also adept at introducing and leveraging technology to help increase the use of healthcare information technology to improve, direct, execute, and monitor quality metrics to provide value driven care. Ms. Cole's experience includes various technology, business development, and management consulting roles with organizations such as Kaiser Permanente, Ascension Healthcare, Spectrum Health, and Detroit Medical Center. She has contributed to development and execution of complex Hepatitis C (HCV) pathway to enhance screening, diagnosis, and triage to treatment for coordinating timely care which led to the organizations receiving the 2018 James A. Vohs Regional Quality Award for HCV pathway. She has also designed and implemented functionality providing the ability to capture point of care (POC) medical images from nondiagnostic image modalities that allows for the integration of those images with the existing digital imaging infrastructure. Ms. Cole has a passion to develop solutions that will end the "digital divide." Thus, ensuring that underserved communities will no longer be negatively impacted by the lack of access to technology, or reliable internet coverage and gain access to quality health care. Always willing to give, Ms. Cole serves as a community advocate. She is a Life Member of the National Council of Negro Women, Inc (NCNW) and is a member of NCNW National Membership Committee. Currently, she serves as the President of the National Council of Negro Women, Inc. – Detroit Section. In this role, she increased the presence and awareness of NCNW's mission by forging partnerships with organizations such as Karmanos Cancer Institute, University of Michigan Rogel Cancer Center, American Cancer Society – Michigan, and St. Jude Children's Research Hospital. She is also an active member of the following NCNW affiliates: Alpha Kappa Alpha Sorority, Inc and Eta Phi Beta Sorority, Inc. Ms. Cole earned a master's degree in medical informatics from Northwestern University, and a bachelor's degree in computer information systems from Davenport University.



## Speakers & Panelists

### Jamie Mitchell, PhD, MSW, School of Social Work, University of Michigan

Dr. Jamie Mitchell is an associate professor of Social Work at the University of Michigan School of Social Work. She has published over 40 peer-reviewed publications on three interrelated lines of research focused on the health of African Americans: (1) barriers to high quality cancer and chronic disease care for older Black men, (2) health communication and health self-management for older Black men, and (3) health research participation for Black older adults more broadly. In her role as Co-Investigator of the Michigan Center for Urban African American Aging Research (MCUAAAR), she helps to oversee a multi-university collaborative research infrastructure, and co-manages a community advisory board and participant research registry of Black older adults at the Healthier Black Elders Center in Detroit. In addition, she is principal investigator of a grant from the National Institute on Aging at NIH, titled "Recruiting and Retaining Older African Americans into Research (ROAR)". Jamie Mitchell works alongside community stakeholders to provide free public health education and programming to older adults in Flint Michigan and recruits older adults to a research registry that will provide participants to local well-vetted research studies. The goal is to increase the representation of Black older adults in health discoveries on aging. Jamie Mitchell recently completed a two-year term as the inaugural Assistant Director of Clinical Research Participation at Rogel Cancer Center within the Michigan Medicine Hospital System. In this role she supported researchers across the health care system in diversifying over 200 active cancer clinical trials by implementing outreach and engagement strategies within local communities, tailoring recruitment materials, consulting with community and patient stakeholders, and bolstering data on underrepresented populations in research. Jamie Mitchell designs and teaches courses for Coursera and the online MSW program at U-M, and also works as a grant consultant on the design of online health disparities curriculum for NIH-funded research scientists. Jamie Mitchell's research endeavors, community engagement and work as a mentor has laid the groundwork for older Black men to engage more meaningfully in decision-making about their health care, improve patient-provider and family communication, and maximize opportunities for representation in scientific discoveries that could improve their overall health and longevity.



## Speakers & Panelists

### Maha Albdour, PhD, RN, APHN-BC, College of Nursing, Wayne State University

Maha Albdour is a board-certified advanced public health nurse who earned her Ph.D. in Nursing at Wayne State University in 2017. Her research interest is the health of minority and immigrant adolescents and young adults. She conducted several projects among the Arab American community exploring psychosocial stressors such as childhood adversities (including war, armed conflicts, and community violence experiences), discrimination, acculturative stress, social support, and parent-child relationship influence on physical and mental health of adolescents and young adults. Dr. Albdour has recently concluded a study that examined the effect of past and current multiple stressors and their effects on the Endocrine system (cortisol levels) and health, both mental and physical, of immigrant young adults of Arabic descent. Currently, Dr. Albdour received funding for her study "depression and Metabolic Syndrome (MetS) in Arab-American parent-adolescent dyads", which will examine the interaction between parental and adolescent psycho-social stressors and their effects on mental health and cardiovascular disease risk among both parents and their children. The study was funded by WSU-ACCESS initiatives for pilot data supporting community-engaged research. In addition, Dr. Albdour is currently the principal investigator for a study that focuses on medical mistrust among ethnic minority young adults. Dr. Albdour has received the Midwest Nursing Society (MNRS) Adolescents Health Research Interest Group new investigator award to acknowledge her work with minority adolescents





## CHECK-UP Team

### Hayley Thompson, PhD, CHECK-UP Director

Hayley S. Thompson, PhD, is a professor in the Department of Oncology at Wayne State University and the Associate Center Director for Community Outreach and Engagement at the Karmanos Cancer Institute (KCI), an NCI-designated comprehensive cancer center. In this role, she established KCI's Office of Cancer Health Equity and Community Engagement (OCHECE) and serves as its faculty supervisor. She is also founding director of the emerging Wayne State University Center for Health Equity and Community Knowledge in Urban Populations (CHECK-UP). She is a clinical psychologist whose research addresses racial and ethnic disparities in cancer care and outcomes. Her primary focus is community-based intervention research, including investigations of cancer survivorship. She has received funding from the National Cancer Institute, the American Cancer Society, the National Heart, Lung, and Blood Institute, the Agency for Healthcare Research and Quality, the Patient-Centered Outcomes and Research Institute, and other agencies and foundations. She is currently a co-principal investigator on the NCI-funded African American Resilience in Surviving Cancer (ARISE) Study. Her research also addresses sociocultural assessment in diverse populations. She led the development of the Group-Based Medical Mistrust Scale (GBMMS), widely used in health disparities research, administered in over 100 published, peer-reviewed studies. She currently directs Michigan Cancer HealthLink, a community-academic partnership to build research capacity in diverse communities within Karmanos Cancer Institute's 46-county catchment area with 150 community members involved in contributing to Karmanos' research agenda. She is also Director of the Community Health Scholars Program within CHECK-UP, designed to support metro Detroit residents in building and applying research skills.



### Carrie Leach, PhD, MPA, CHECK-UP Co-Director of Community Inclusion

Carrie Leach is an Assistant Professor of Research at the Institute of Gerontology, Community Engagement Program Manager at the Center for Urban Responses to Environmental Stressors (CURES), and Associate Director for Community Inclusion at the Center for Health Equity and Community Knowledge in Urban Populations (CHECK-UP) at WSU. Dr. Leach has expertise in health communication, participatory and action research, digital and health literacy, and community-based and aging services delivery and communication. Her research, expertise, and driving passion are focused on improving communication inequities, decision making and public health by developing community-driven solutions derived from participatory processes. Her work at the IOG has focused on partnering with organizational leaders and community residents to evaluate and examine the needs of more than 5,500 older adults across Michigan to translate findings into actionable improvements in aging and community-based services practice and policy. At CURES she works with community stakeholders and researchers to co-construct multi-media materials aimed at improving environmental health literacy in Detroit. Those efforts resulted in disseminating health-protecting information to more than 5,000 Detroiters through face-to-face interactions and thousands more on-line. Her overarching aim is to foster University in-reach, so that the science community and expertise can be leveraged to the benefit of the public, and likewise, so researchers can learn through community engaged experiences and be better allies through their work.



## Lisa Braddix, MPH, CHECK-UP Steering Committee Chair

Lisa Braddix is the Chief Health Equity Officer for the Southeastern Michigan Health Association where she works to foster organizational collaboration to improve community health using practical approaches that will eliminate health disparities in marginalized populations throughout southeast Michigan. Lisa has spent several years working in community health and is passionate about issues related to health disparities and health equity. Lisa serves as the Steering Committee Chair for the Center for Health Equity and Community Knowledge in Urban Populations at Wayne State University. She also is the chair of the Michigan Cancer Consortium Health Equity and Policy Committee and a co-chair of the Healthy Pontiac We Can! Coalition. Lisa is a native of Cleveland, Ohio and a graduate of The Ohio State University with a Bachelor of Science Degree in Biological Sciences and has a Master of Public Health Degree from the University of Michigan. She has also earned a graduate certificate in Non-Profit Management from Eastern Michigan University and is currently a doctoral student at Wayne State University studying the Sociology of Health and Illness.



## Alex Sass, MSW

Alex Sass is the manager of research and operations for CHECK-UP. In this position she supports the CEnR Symposium Planning Committees, CHECK-UP Research Networks, as well as the administrative side of CHECK-UP. Additionally, Alex works as a research assistant at Karmanos Cancer Institute, Office of Cancer Health Equity and Community Engagement (OCHECE) supporting the work of the Genesee County Cancer Action Council. While receiving her Master's of Social Work at the University of Michigan, her training focused on community-engaged research and health disparities. Alex also works as a research assistant under the NIA funded "Recruiting and Retaining Older African Americans into Research" funding the Healthier Black Elders of Flint program.



## CHECK-UP Team

### Ten-Niah Kinney, MPH

Ten-Niah Kinney is a Research Assistant in the Department of Oncology at Wayne State University School of Medicine and project manager at CHECK-UP. She received her bachelor's degree from Michigan State University in Human Biology and is a current Master of Public Health student at Wayne State University. At WSU, Ten-Niah has worked on several research projects targeting community assessment, developing engagement programming, and methods to improve health outcomes in vulnerable populations. Previously Ten-Niah worked in collaboration with CVS Health, as a COVID immunizer and health care ambassador where she partnered on pharmacy community campaigns that addressed barriers to medication adherence and care accessibility.



### Mikayla Harrison, BS

Mikayla Harrison is the newest member of the Center for Health Equity and Community Knowledge in Urban Populations (CHECK UP) team. Mikayla is originally from Detroit, Michigan, where she attended Cass Technical High School. She obtained her Bachelor of Science in Human Biology with a minor in Religion from Michigan State University in May 2022. Mikayla is currently pursuing a Masters of Public Health at Michigan State University College of Human Medicine. Mikayla has been committed to giving back to her community throughout her educational journey. She has volunteered with organizations such as Habitat for Humanity and the American Red Cross. Mikayla volunteers at Hannah's House, a shelter for disadvantaged pregnant women, and Sparrow Hospital's Emergency Department, both in East Lansing. At CHECK UP, Mikayla's core projects include working with the Cancer Action Councils and African American Resilience in Surviving Cancer.



## CHECK-UP Team

### Zachary Cichon, BS

Zach Cichon, BS is a Research Assistant at Karmanos Cancer Institute, Office of Cancer Health Equity and Community Engagement (OCHECE) and Wayne State University School of Medicine (WSU SOM), Department of Oncology. Zach works closely with Cancer Action Councils (CACs) as well as with CHECK-UP research networks to help cancer survivors, caregivers, and community members build capacity and participate in research. He is currently earning a Master's of Public Health (MPH) degree with a concentration in population health analytics from Wayne State University. He is interested in identifying health disparities and addressing them through community level interventions.



### Zainab Ahmed, BS

Zainab Ahmed, BS is a graduate student in her second year at Wayne State University's MPH program and hope to graduate in May 2024. She was born in Grand Rapids but was in the suburbs of Detroit. She graduated from Wayne State with she received her Bachelor's of Science in Public Health with University Honors back in 2021. She got into research in her second year of undergraduate studies and worked on a feasibility study that was funded through the Undergraduate Research Opportunity Program (UROP) and was lucky enough to be selected to present at the NCUR in Atlanta, Georgia in 2019.



### John High III, BS,BA

John High III is a Master of Public Health student at Michigan State University. John is also a two-time Michigan State University graduate, earning his Bachelor of Science in Kinesiology and a Bachelor of Art in Interdisciplinary Studies: Health and Society. During undergrad, John worked as a research assistant with the Department of Kinesiology at Michigan State University. John currently serves as a research assistant at Karmanos Cancer Institute, which is designated as a National Cancer Institute Comprehensive Cancer Center. Through his involvement, he speaks to grade school students in Detroit, encouraging them to further their education. John is a fierce advocate for health equity, striving to improve access to care and social determinants of health in underserved urban communities.





# Contact



## WAYNE STATE CHECK-UP

Center for Health Equity and Community  
Knowledge in Urban Populations

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